

The Miami Senior Center cannot deliver home bound meals without authorization from a case manager. Many people believe that they just have to call to the center to receive a meal but they must be referred through Pinal-Gila Council for Senior Citizens.

1-800-293-9393

Miami Senior Center complies with provisions of the ADA and Civil rights Act of 1964 and does not discriminate on the basis of age, disability, race, color, nation, or gender. FUNDING PROVIDE IN PART BY PGCSC AND THE TOWN OF MIAMI



December 2018

MIAMI SENIOR CENTER
 506 W. LIVE OAK ST
 MIAMI, AZ, 85539
 TELEPHONE: 928-473-4180
 FAX: 928-473-4180

SUGGESTED DONATIONS ARE:
 Home Delivered Meals \$2.00
 Congregate Meals \$2.00
 Senior Center (928) 473-4190
 CVCT RIDES (928) 473-8222

Mon	Tue	Wed	Thu	Fri
3 1% Milk ALBONDIGAS SOUP BROCCOLI /CABBAGE SLAW PINEAPPLE & ORANGES CRACKERS	4 1% Milk CHICKEN TACOS REFIED BEANS SPINACH SALAD PEACHES	5 1% Milk SWISS STEAK & ROLL MASH POTATOES & GRAVY ITALIAN VEGGIES PEACH CRISP	6 1% Milk SPAGHETTI W MEAT SAUCE GREEN BEANS & CARROTS PINEAPPLE FRENCH BREAD	7 1% Milk FISH FILLET & CORN BREAD AUGRATIN POTATOES SPINACH BANANA
10 1% Milk CHILI BEANS YELLOW SQUASH BAKED POTATOE & CRACKERS BRAN MUFFIN AMBROSA FRUIT	11 1% Milk GREEN CHILE CHICKEN CASSAROLE MEIXICAN CORN REFRIED BEANS SPANISH RICE	12 1% Milk BAKED LEMON CHICKEN W ROLL MASH POTATOES BRUSSEL SPROUTS PEAR W/ COTTAGE CHEESE	13 1% Milk HAM MACARONI SALAD CARROT & CABBAGE SLAW BREAD PEACHES	14 1% Milk GRILLED CHEESE SANDWICH VEGETABLE SOUP BANANA & MELON PORK & BEANS
17 1% Milk PORK ROAST YAMS PEAS & CARROTS OATMEAL COOKIE & APRICOTS	18 1% Milk BEEF STEW WITH CORN COLSESLAW BISCUIT RAISIN BRAN MUFFIN APPLE SAUCE	19 1% Milk CHICKEN CHOP SUEY BROCCOLI RICE PILAF MANDARINE ORANGES	20 1% Milk HOT ROAST BEEF SANDWICH MASH POTATOES GREEN BEAN CASSAROLE PLUMS	20 1% Milk BEAN BURRO ENCHILADA STYLE MEXICAN CORN SPINACH SALAD SPANISH RICE PINEAPPLE
24 1% Milk TURKEY AND STUFFING CANDIED YAMS PEAS ROLL BANANA	25 Merry Christmas! <i>Closed</i>	26 1% Milk DEVILED PORK CHOP SWEET POTATOES BROCCOLI & CALIFLOWER ROLL PEACHES	27 1% Milk CHICKEN FRIED STEAK MASH POTATOES ZUCCHINI ROLL & OATMEAL COOKIE APPLE SAUCE	28 1% Milk TUNA SALAD SANDWICH PEA SALAD GREEN SALAD WITH TOMATOES BANANA
31 1% MILK CHICKEN FAJITAS/TORTILLA PNTO BEANS GREEN SALAD WITH TOMATOES PEACHES				