

The Miami Senior Center cannot deliver home bound meals without authorization from a case manager. Many people believe that they just have to call to the center to receive a meal but they must be referred through Pinal-Gila Council for Senior Citizens.

1-800-293-9393

Miami Senior Center complies with provisions of the ADA and Civil rights Act of 1964 and does not discriminate on the basis of age, disability, race, color, nation, origin, or gender

MIAMI SENIOR CENTER
506 W. LIVE OAK ST
MIAMI, AZ, 85539
TELEPHONE: 928-473-4190
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MiamiSenior@Cableone.net



SUGGESTED DONATIONS ARE:
Home Delivered Meals..... \$2.00
Congregate Meals \$2.00
Senior Center (928) 473-4190
CVCT RIDES (928) 473-8222

Mon	Tue	Wed	Thu	Fri
	1 HAPPY NEW YEAR! CLOSED Happy New Year!	2 1% milk GINGER- PEPPER STEAK JAPANESE VEGGIES & CARROTS PEAR BROWN RICE & ROLL	3 1% MILK GRILLED CHICKEN & TOMATOES BROCCOLI & CAULIFLOWER WHEAT ROLL MELON CUBES	4 1% MILK POLISH SAUSAGE ON A BUN MIXED VEGGIES SEASONED POTATOES MIXED FRUIT
7 1% MILK TURKEY WRAP ZUCCHINI & TOMATO WHOLE WHEAT TORTILLA ORANGE	8 1% MILK BAKED FISH FILLET COLESLAW & BAKED POTATO WHEAT ROLL PEACH SLICES	9 1% MILK OVEN BAKED CHICKEN RANCH BEANS & BAKED POTATO WHEAT ROLL ORANGE	10 1% MILK CHEESEBURGER ON A BUN POTATO WEDGES 3-BEAN SALAD MELON WEDGES	11 1% MILK GREEN CHILE & PINTO BEANS SPINACH GARDEN SALAD WHEAT TORTILLA RICE PUDDING & MIXED FRUIT
14 1% MILK TURKEY CONFETTI SLAW MASHED SWEET POTATOES WHEAT ROLL & PUMPKIN MUFFIN MELON MIX	15 1% MILK TUNA SALAD W/ WHEAT BREAD VEGETABLE SOUP BROCCOLI SLAW MANDRIN ORANGES	16 1% MILK CHILI RELLANOS PINTO BEANS & SPANISH RICE TOSSED SALED W/ TOMATO WEDGES SLICED BANANA W/ VANILLA PUDDING	17 1% MILK BAKED HAM SWEET POTATO BROCCOLI & CAULIFLOWER WHEAT ROLL & RICE PILAF CHERRY CRISP	18 1% MILK BEEF FAJITAS BROCCOLI SLAW ZUCCHINI SPANISH RICE
21 MARTIN LUTHER KING DAY CLOSED 	22 1% MILK CHICKEN & BROWN RICE SOUP BROCCOLI SLAW & CARROTS WHEAT CRACKERS VANILLA PUDDING W/ BANANA	23 1% MILK FISH SANDWICH RANCH BEANS POTATO SALAD AMBROSIA SALAD	24 1% MILK ROAST BEEF SLICES & WHEAT ROLL MASHED POTATOES MONTE CARLO BLEND VEGGIES PINAPPLE UPSIDE DOWN CAKE	25 1% MILK LIME BAKED CHICKEN BUTTERED CARROTS & BROCCOLI CUTS CALICO RICE & WHEAT ROLL APPLESAUCE
28 1% MILK CHEESE ENCHILADAS PINTO BEANS & SPANISH RICE ZUCCHINI CORN TORILLA MIXED FRUIT	29 1% MILK BBQ CHICKEN MEXICAN BEANS & POTATO SALAD WHEAT BUN APRICOT	30 1% MILK ALBONDIGAS & SPANISH RICE CORN & BLACK BEAN SALAD PEAS & CARROTS WHEAT TORTILLA CHILLED PEARS	31 1% MILK MAC & CHEESE ITALIAN VEGGIES & BEETS WHEAT ROLL APPLESAUCE	