

January 2021

Miami Senior Center

Happy New Year

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1 NEW YEAR DAY CLOSED	2
3	4 Chili-Rellenos, Pinto Beans, Tossed Salad w/Tomato, Spanish Rice, Sliced Banana w/Pudding	5 Roast Beef Slices, Mashed Potatoes, Mixed Veggies, Roll, Applesauce	6 Chef Salad w/Ham, Carrots, Crackers, Fig Newton	7 Lime Baked Chicken, Parsley Buttered Carrots, Callco Rice, Roll, Orange	8 Stuffed Pork Chop, Peas/Carrots, Garden Salad, Applesauce	9
10	11 Spaghetti w/Meat Sauce, Green Beans, Garlic Bread, Banana	12 Cheeseburger, Potato Wedges, Three Bean Salad, Melon	13 Tuna Salad, Potato Chips, Three Bean Salad, Mixed Fruit	14 Green Chili, Tortilla, Pinto Beans, Spinach Garden Salad, Mixed Fruit	15 Battered Pollock, Asparagus Tips, Cowboy Beans, Bread, Plum	16
17	18 Martin Luther King, Jr Day Senior Center Closed	19 Bratwurst, Cut Corn, Sauerkraut, Stewed Apples	20 Chicken Salad, Beets, Herbed Green Beans, Cherry Fluff	21 Baked Ham w/Pineapple, Baked Beans, Mixed Veggies, Fruit Salad	22 Chicken Breast w/ Marinara Sauce, Sauteed Zucchini, Penne Pasta, Peaches	23
24	25 Fish Tacos, Coleslaw, Cowboy Beans, Apricot Halves	26 Roasted Turkey, Candied Yams, Peas, Cornbread Stuffing, Roll, Banana	27 Turkey Wrap, Zucchini & Tomato, Italian Veggies, Chocolate Pudding	28 Chicken Tetrizzini, Zucchini, Penne Pasta, Garlic Bread, Apple	29 Beef Enchilada Bake, Mexican Rice, Corn, Sliced Peaches, Jello	30



NOTES Miami Senior Center 506 Live Oak Street Miami, Arizona 85539 928-473-4190. The Miami Senior Center cannot deliver home bound meals without authorization from case manager. Many people believe that they just have to call the center to receive a meal but they must be referred through Pinal-Gila Council for Senior Citizens. 1-800-293-9393. Miami Senior Center complies with provisions of the ADA and Civil Rights Act of 1964 and does not discriminate on the basis of age, disability, race, color, nation, orgin or gender. Suggested Donations: Home Delivered Meals \$ 2.00 and Congregate Meals \$2.00