

, The Miami Senior Center cannot deliver home bound meals without authorization from a case manager. Many people believe that they just have to call to the center to receive a meal but they must be referred through Pinal-Gila Council for Senior Citizens.




1-800-293-9393

Miami Senior Center complies with provisions of the Older American , ADA and Civil rights Act of 1964 and does not discriminate on the basis of age, disability, race, color, nation, origin, or gender . Partial funding provided by Pinal Gila Council for Senior Citizens and the Town of Miami

MIAMI SENIOR CENTER
506 W. LIVE OAK ST
MIAMI,AZ,85539

SUGGESTED DONATIONS ARE:
 Home Delivered Meals..... \$2.00
 Congregate Meals \$2.00
 Senior Center (928) 473-4190
 CVCT RIDES (928) 473-8222

MAY 2019

Mon	Tue	Wed	Thu	Fri
 Memorial Day		1 1% MILK Bake Lemon Chicken Mashed Potatoes Brussel Sprouts Stuffing Pears w/Cottage Cheese	2 1% MILK Ham Salad Carrot Salad Green Leaf Salad Wheat Bread Macaroni Salad & Peaches	3 1% MILK Grilled Cheese Sandwich Vegetable Soup Pork & Beans Wheat Bread Banana & Cantaloupe
6 1% MILK Pork Roast Yams Peas & Carrots Oatmeal Cookie & apricots Dinner roll	7 1% MILK Beef Stew Corn & Coleslaw Biscuit Raisin Bran Muffin Apple Sauce	8 1% MILK Chicken Chop Suey Oriental Vegetables Broccoli Rice Pilaf Mandarin Oranges	9 1% MILK Hot Roast Beef Sandwich Mashed Potatoes Green Bean Casserole Wheat Bread Plums	10 1% MILK Bean Burro Enchilada style Mexican Corn Spinach Salad Pineapple
13 1% MILK Hamburgers Steak Fries Green Beans Mandarin Oranges	14 1% MILK Chicken Pot Pie Carrots Brussel Sprouts Bran Muffin Cantaloupe	15 1% MILK Deviled Pork Chop Sweet Potatoes Broccoli & Cauliflower Wheat Dinner roll Peaches	16 1% MILK Chicken Fried Steak Mashed Potatoes Zucchini & Wheat Bread Oatmeal Cookie Apple Sauce	17 1% MILK Tuna Salad Pea Salad Green Leaf Salad w/Tomatoe Grain Bread Banana
20 1% MILK Chicken Fajita Pinto Beans Green Leaf Salad w/Tomato Flour Tortilla Watermelon	21 1% MILK Meat Loaf Mashed Potatoes w/Gravy Carrots Wheat Dinner Roll Pineapples	22 1% MILK Lemon Bake Chicken Mixed Vegetables Spinach & Stuffing Jell-O w/Bananas Oatmeal Cookie	23 1% MILK BLT Sandwich 3 Bean Salad Pea Salad Grain Bread Fruit Salad	24 1% MILK Oven Bake Fish Broccoli w/Rice Coleslaw Wheat Bread Orange
27 Closed  Memorial Day	28 1% MILK Red Chile w/Roast Beef Mexican Corn and Carrots Spanish Rice Mandarin Orange with Cottage Cheese	29 1% MILK Cheeseburger Pie Ranch Beans Broccoli Oatmeal Cookie Apricots	30 1% MILK Turkey Yams Green Salad w/Tomatoes Corn Bread Stuffing Baked Apple	31 1% MILK Macaroni w/Ham Cauliflower Peas and Carrots Grain Bread Strawberry w/whip cream