

The Miami Senior Center cannot deliver home bound meals without authorization from a case manager. Many people believe that they just have to call to the center to receive a meal but they must be referred through Pinal-Gila Council for Senior Citizens.

**MIAMI SENIOR CENTER**  
**506 W. LIVE OAK ST**  
**MIAMI, AZ, 85539**


1-800-293-9393

Miami Senior Center complies with provisions of the ADA and Civil rights Act of 1964 and does not discriminate on the basis of age, disability, race,



**SUGGESTED DONATIONS ARE:**  
 Home Delivered Meals..... \$2.00  
 Congregate Meals ..... \$2.00  
 Senior Center (928) 473-4190

**SEPT 2019**

Mon	Tue	Wed	Thu	Fri
	<b>3</b> 1% MILK CHICKEN SALAD SALAD 3 BEAN SALAD & WHEAT BREAD PEAR HALVES	<b>4</b> 1% MILK PEPPER STEAK WITH GRAVY MASHED POTATOES MIXED VEGETABLES & WHEAT ROLL OATMEAL COOKIE & ORANGES	<b>5</b> 1% MILK HOT DOGS BROCCOLI & CHEESE SAUCE BAKED BEANS & PASTA SALAD PINEAPPLE	<b>6</b> 1% MILK TUNA SALAD ROMAINE SALAD WITH TOMATOES POTATOE SALAD & WHEAT BREAD MIXED FRUIT
<b>9</b> 1% MILK HAM SANDWICH 3 BEAN SALAD POTATOE SALAD & WHEAT BREAD APRICOT HALVES	<b>10</b> 1% MILK CHICKEN TETRAZZINI W/PENNE PASTA ZUCCHINI & CAULIFLOWER GARLIC BREAD APPLES	<b>11</b> 1% MILK ROASTED PORK SCALLOPED POTATOES MIXED VEGETABLES & WHEAT ROLL PINEAPPLE CHUNKS	<b>12</b> 1% MILK BEEF STROGANOFF MIXED VEGETABLES WHEAT ROLL MIXED TROPICAL FRUIT	<b>13</b> 1% MILK FISH COWBOY BEANS & CORN RICE PILAF & WHEAT BREAD GRAPES
<b>16</b> 1% MILK GRILLED PORK CHOPS ROASTED POTATOES CARROTS & WHEAT ROLL APPLE SAUCE	<b>17</b> 1% MILK BBQ BEEF BRISKET ON A BUN BAKED BEANS COLESLAW PINEAPPLE	<b>18</b> 1% MILK CHICKEN BROCCOLI RANCH BEANS & WHEAT BREAD VANILLA WAFERS & PEACHES	<b>19</b> 1% MILK CHEESE BURGER POTATO WEDGES CORN PEARS	<b>20</b> 1% MILK CRAB SALAD 3 BEAN SALAD SPINACH SALAD & WHEAT ROLL MANDARIN ORANGES
<b>23</b> 1% MILK CHICKEN BREAST W/PASTA ZUCCHINI & CAULIFLOWER GARLIC BREAD SLICED PEACHES	<b>24</b> 1% MILK BAKED HAM BAKED BEANS & MIXED VEGETABLES MAC AND CHEESE & WHEAT BREAD APPLE SAUCE	<b>25</b> 1% MILK MEAT LOAF W/GRAVY MASHED POTATOES SLICED CARROTS & WHEAT ROLL NECTARINES	<b>26</b> 1% MILK ROASTED TURKEY & STUFFING CANDIED YAMS & PEAS WHEAT ROLL BANANA	<b>27</b> 1% MILK FISH TACOS COLESLAW COWBOY BEANS SLICED PEACHES
<b>30</b> 1% MILK TURKEY SANDWICH PICKLED BEETS CORN SALAD BANANA	